

Scott Ford Gillman, DC, DACBSP

508.650.1091 • scott@drgillman.com

CLINICAL PRACTICE PROFILE

- Chiropractic Sports Medicine
- Highly Skilled Spine and Extremity Joint Manipulation
- Soft Tissue Methods including Graston Technique(™), FAKTR(™), Deep Tissue and Active Release Techniques
 - Shockwave Therapy
 - Lumbar Spine Decompression
- Custom Foot Orthotics
- Nutrition Guidance
- Exercise Training
- Kinesio and Athletic Taping

27+ years' experience developing expertise in chiropractic spine and sports medicine in private practice as well as in high profile, challenging and world class environments

*Chiropractic Sports Medicine degree *Field experience at Olympic and international sports venues

*Experienced presenter and writer on musculoskeletal health and sports medicine

PROFESSIONAL EXPERIENCE

GILLMAN CHIROPRACTIC, PC, Natick, MA
CEO, Provider

1991 – Present

This respected and well established practice provides front line management of athletes and non-athletes with musculoskeletal conditions. Physical examination of the spine and extremities encompassing orthopedic and neurologic testing, functional movement and strength assessment, highly skilled soft tissue diagnosis, multimodal manual treatment and adjunctive physiotherapies, and the ability to triage patients to the most appropriate imaging and specialists create cost effective *musculoskeletal primary care* pathways.

Medical Provider at Prominent Domestic and International Events: On-site, On-field and Polyclinic

- **22nd Central American and Caribbean Games 2014, Veracruz, Mexico** Track/Field and motocross, athletes from 30+ nations
- **World Games 2013, Cali, Colombia** Medical provider at dancesport, gymnastics, hockey and ultimate (Frisbee) venues, athletes from 40+ nations
- **Pan American Games 2011, Guadalajara, Mexico** Medical provider in the polyclinic and on-site at karate, judo, volleyball and gymnastics
- **U.S. Olympic Training Center, Colorado Springs, Colorado June 2010** Volunteer rotation, clinic and field
- **Olympic Games, Beijing, China 2008** Provider at the World Olympians Association on-site clinic
- **Brestyan's Invitational** Annual gymnastics event hosted by the Brestyan's American Gymnastics Club since 2014. Medical coordinator providing on-site sports medicine and chiropractic care for competitive and elite gymnasts
- **CrossFit Northeast Regionals 2013 and East Coast Championships 2014** Medical provider
- **Penn Relays 2009-2012** Four- day event at University of Pennsylvania. Provider for the Jamaican team
- **Champions City-to-City Tour 2009** USA Gymnastics, Boston. Provider to athletes and staff
- **Boston Renegades USL Women's Division-1 Soccer League 1999–2004** Team Chiropractor, providing on-field care and team physical exams
- **International Powerlifting Association World Championships 2004, Miami, FL and 2008, St. Johns, CN**

NOVA PHARMACEUTICAL CORPORATION
Senior Pharmacology Research Technician

1983 – 1986

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CREDENTIALS / EDUCATION

International Chiropractic Sports Sciences Diploma (ICCSA), 2007 Fédération Internationale de Chiropratique du Sport (FICS-Sport.org)

Chiropractic Sports Medicine Diplomate, 2004 American Chiropractic Board of Sports Physicians

Doctor of Chiropractic, 1986–1989 Northwestern College of Chiropractic

Acupuncture Certification, 1989 Northwestern College of Chiropractic

BS Biology (Neuroscience Focus), 1979–1983 Richard Stockton College of New Jersey

PROFESSIONAL AFFILIATIONS

- New England Sports Medicine Council. American Chiropractic Association. FICS-Sport.org
- Palmer College of Chiropractic, Florida. Adjunct faculty member, Preceptorship Program, 2010
- MetroWest Chamber of Commerce Board of Directors, 2000 -2006

ARTICLES / PRESENTATIONS / PUBLICATIONS

- MetroWest Daily News, Framingham, MA 2015-2017. Columnist on health, fitness, and sports medicine
- Lectures and Presentations (partial listing)
 - * MA Worker's Comp Care, Annual Symposium. Faculty since 2015
 - * Boston Health and Fitness Expo. Presentation on Chiropractic for Athletes 2013
 - * New England Sports Medicine Council. Evaluating Hip Pain in Athletes 2012
 - * Northeastern University 2011. Kinesiologic Tape Workshop for the Athletic Training staff
 - * Back Safety Program, Framingham Fire Department 2010. Lecture and instruction
 - * USA Gymnastics National Congress, Hartford, CT 2010. Conservative Treatment of Sports Injuries
 - * MetroWest Medical Center Grand Rounds as well as several medical group lectures
- Publications
 - * "Long-Lasting Analgesic Effect of Oxymorphanazine in Rats," Agonists and Antagonists III, n. 7675 1985
 - * "Work Related Injury," The Hanover Report June 1993
 - * "The Impact of Chiropractic Manipulative Therapy on Chronic Recurrent Lateral Ankle Sprain Syndrome in Two Young Athletes," Journal of Chiropractic Medicine 2004
 - * "Why Athletes Need Sports Chiropractors," Journal of the ACA Sports Council, Winter 2014

PERSONAL INTERESTS

Ballroom and salsa dancing, snowboarding, cycling, saltwater fishing, cooking and trap shooting